

Whole School Overview 2022/23

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 - Indoor	Personal skills - Coordination Footwork	Dance Gunpowder plot. Gun Powder Plot (History) recount written in Literacy. Dance created based on actions in the recount.	Personal - Static balance leading to coordination floor work patterns	Personal skills - Coordination Footwork to static balance with equipment	Personal - Coordination ball skills; Agility action and response	Personal - Coordination ball skills; Agility action and response
Autumn 1 - Outdoor	Personal skills - One leg static balance	Personal skills - Coordination Footwork to One leg static balance	Invasion Games - Football Balance and coordination with a football. Kicking a football accurately. Dribbling and turning. Passing and shooting	Invasion games Netball Hand-eye coordination focus Types of passes - chest/bounce Pivot with the ball Small sided games	Class 1 - Invasion Games - Football. Revisit passing and shooting. Develop understanding of positional play and tactics in small sided games. Class 2 - Swimming	Invasion games - Hockey Revisit sending and receiving. Develop positional and tactical play, strategy and off the ball movement.
Autumn 2 - Indoor	Social - Dynamic balance jumping and landing	Social - Dynamic balance jumping and landing	Social - Dynamic/Static balances to agility. Jumping and landing combinations	Social - Jumping and landing. Dynamic/Static balances seated using agility.	Dance The Yule tide ball. Topic link to Harry Potter based on music composition.	Social - Dynamic balances with counter balance in pairs.
Autumn 2 - Outdoor	Social - Dynamic balance to Static balance seated	Social - Dynamic balance to Static balance seated	Dance The Merry Men of Robin Hood. Literacy link story writing - How does the story end? Motif creation based on DT creation of merry men bows and arrows in battle.	Dance The Nutcracker Novel link text - magical places story written in Literacy - Narnia.	Class 1 - Invasion games Basketball. Revisit netball skills - types of passes. Bounce technique and hand position Dribbling with the ball. Movement off the ball and shooting. Class 2 - Swimming	OAA Orienteering Revisit map symbols and course completion details. Use written descriptions to complete a directional task. Use information given by others to complete
Spring 1 - Indoor	Dance Meerkat Mail African dance with literacy novel link. Art link - mask created as part of celebrations for a welcome home dance.	Cognitive - Dynamic balance on a line to static balance stance	Cognitive - Dynamic balances on a line - movement patterns to coordination ball skills	Cognitive - Coordination ball skills leading to dynamic balances on a line.	Social - Dynamic balances with counter balance in pairs.	Dance Real dance - Samba. Topic driven body link looking at the movement of red blood cells around the circulatory system. Literacy link - non-chronological report about the flow of blood around the body.
Spring 1 - Outdoor	Cognitive - Dynamic balance on a line to static balance stance	Cognitive - Dynamic balance stance	Invasion games - Hockey Safety with a hockey stick. Basic dribbling and stopping skills. Turning and passing.	Invasion games - Hockey Revisit dribbling and passing. Send and receive the ball with accuracy. Keeping possession of the ball, tackling and shooting.	Class 1 - Swimming. Class 2 - Invasion Games - Football. Revisit passing and shooting. Develop understanding of positional play and tactics in small sided games.	Net and wall games Volleyball Use forearm, backhand and overhead shots in isolation. Use forearm, backhand and overhead shots with more confidence in games
Spring 2 - Indoor	Cognitive - Dynamic balance stance	Creative - Coordination ball skills	Creative - Sending and receiving coordination techniques and partner counterbalance	Creative - Sending and receiving coordination techniques and partner counterbalance	Cognitive - Static balance - stance. Coordinated footwork patterns	Cognitive - Static balance - stance. Coordinated footwork patterns
Spring 2 - Outdoor	Creative - Coordination ball skills	Creative - Coordination counter balance	OAA - Orienteering Identify map symbols Use symbols on a map to navigate.	Net and wall games Tennis Racket work - correct hand position, striking a ball in the centre of the racket with accuracy. Exploring shots on both sides of the body. Returning the ball to a specific point.	Class 1 - Swimming Class 2 - Invasion games Basketball. Revisit netball skills - types of passes. Bounce technique and hand position Dribbling with the ball. Movement off the ball and shooting.	Invasion games Netball Revisit types of passes - chest/bounce Tactical play, strategy and off the ball movement. Develop knowledge of the court and positional limitations.
Summer 1 - Indoor	Creative - Coordination counter balance	Physical - Coordination sending and receiving	Physical - Agility and static balances. Reaction and response combined with floor work	Physical - Agility and static balances. Reaction and response combined with floor work	Static balance seated developed to static balance floor work.	Static balance seated developed to static balance floor work.

<p>Summer 1 Outdoor</p>	<p><u>Physical</u> - Coordination sending and receiving</p>	<p><u>Physical</u> - agility - reaction and response</p>	<p><u>Striking and fielding</u> Quick Cricket Holding a cricket bat Strike a ball with consistency Throwing technique - under arm and over arm. Small-sided games with the understanding of rules.</p>	<p><u>Invasion games</u> Tag Rugby Ball familiarity - how to hold. Send and receive the ball with accuracy and control. Keep possession of the ball as an individual running with the ball. Tag players in order to stop runners.</p>	<p><u>OAA</u> Orienteering Revisit map symbols. Explore and refine ways of communicating. Compete against others around a course.</p>	<p><u>Striking and fielding</u> Rounders Revisit throwing skills. Strike a bowled ball and attempt a small range of shots. Increase accuracy using a range of bowling techniques. Demonstrate control and consistency in a range of fielding skills, e.g. throwing, catching, tracking, intercepting</p>
<p>Summer 2 - Indoor</p>	<p><u>Physical</u> - agility - reaction and response</p>	<p><u>Health and fitness</u> - Agility ball chasing to static balance floor work.</p>	<p><u>Health and fitness</u> - Static balance and agility</p>	<p><u>Health and fitness</u> - Static balance and agility</p>	<p><u>Physical</u> - Dynamic balance to agility. Jumping and landing to one leg static balance.</p>	<p><u>Physical</u> - Dynamic balance to agility. Jumping and landing to one leg static balance.</p>
<p>Summer 2 - Outdoor</p>	<p><u>Health and fitness</u> - Agility to static balance floor work.</p>	<p><u>Health and fitness</u> - Agility to static balance floor work.</p>	<p><u>Athletics</u></p>	<p><u>Striking and fielding</u> Rounders Revisit quick cricket skills from Y3. Throwing and catching techniques. Track and intercept the ball along the ground sometimes collecting with one hand. Apply speed and decision making to run safely between scoring markers</p>	<p><u>Striking and fielding</u> Cricket Revisit throwing skills. Choose where to hit the ball to maximise likely hood of scoring runs. Use a variety of shots in isolation and in a game situation</p>	<p><u>Invasion games</u> Tag rugby Revisit passing accurately from Y4. Pass the ball while moving. Play in different positions with some success. Consistently catch/stop and control a ball. Play in small sided games demonstrating tactical awareness, strategy and off the ball movement.</p>